

## **FEMALE PATIENTS**

<b>Main Language Spoken:</b>	
<b>Would you require an interpreter?</b>	<b>Yes / No</b>
<b>Your Email Address:</b>	
<b>Do you consent to be contacted via email?</b>  <i>Admin use: Yes -9NDs / No- 9Ndy</i>	<b>Yes / No</b>
<b>Do you consent to be contacted by the surgery via text messages?</b>  <i>Admin use: Yes -9Ndp / No- 9NdQ</i>	<b>Yes / No</b>
<i>We will contact you only to invite you for routine reviews, follow-up appointments (for example to discuss results) or regarding health campaigns (Flu jabs, NHS Health checks etc.). We will not enclose any results.</i>	
<i>Disclaimer - Any information sent via email is not secure. Please be aware that we cannot guarantee the security of any information sent via unencrypted email. If you are concerned about your personal details being visible to a third party, please do not use email.</i>	

<b>ETHNICITY – please tick by your ethnicity</b>					
<b>WHITE</b>		<b>Code</b>	<b>BLACK OR BLACK BRITISH</b>		<b>Code</b>
British	<input type="checkbox"/>	<b>A</b>	Caribbean	<input type="checkbox"/>	<b>L</b>
Irish	<input type="checkbox"/>	<b>B</b>	African	<input type="checkbox"/>	<b>M</b>
Any other White background	<input type="checkbox"/>	<b>C</b>	Any other black background	<input type="checkbox"/>	<b>N</b>
<b>MIXED</b>			<b>OTHER ETHNIC GROUPS</b>		
White and Black Caribbean	<input type="checkbox"/>	<b>D</b>	Chinese	<input type="checkbox"/>	<b>O</b>
White and Black African	<input type="checkbox"/>	<b>E</b>	Any other ethnic group	<input type="checkbox"/>	<b>P</b>
White and Asian	<input type="checkbox"/>	<b>F</b>	<b>NOT STATED</b>		
Any other mixed background	<input type="checkbox"/>	<b>G</b>	I do not wish to state my ethnicity	<input type="checkbox"/>	<b>Z</b>
<b>ASIAN OR ASIAN BRITISH</b>					
Indian	<input type="checkbox"/>	<b>H</b>			
Pakistani	<input type="checkbox"/>	<b>I</b>			
Bangladeshi	<input type="checkbox"/>	<b>J</b>			
Any other Asian background	<input type="checkbox"/>	<b>K</b>			

Religion \_\_\_\_\_

Marital Status \_\_\_\_\_

### **Allergies**

Do you have any allergies to the following?

Penicillin ☐

Other Medication ☐ \_\_\_\_\_

Other Products

Nuts ☐

Milk ☐

Other ☐ \_\_\_\_\_

Illnesses	Yes	First diagnosed (month/year)	Medications (state if any and then give details in the table below)	Which hospital are you under?	Approximate date of last visit to hospital (month/year)	Is there any family history in the following
Asthma						
COPD						

Do you use Home Oxygen? Yes ☐ No ☐

Have you been hospitalised in an emergency for your breathing in the past 12 months? Yes ☐ No ☐

Diabetes						
Hypertension						
Heart disease						

Have you ever had a heart attack? Yes No When? (give date) \_\_\_\_\_

Have you had any heart operations? Yes No Which type? \_\_\_\_\_

Have you ever had a stroke? Yes No When? (give date) \_\_\_\_\_

CVA/Stroke						
Epilepsy						
Cancer						
Thyroid						
Depression						
Other?						

### **For patients aged 40 and over:**

Last blood test for liver/cholesterol/kidneys? Month Year

if never or more than 5 years ago, please ask for this TODAY!

**In the table below give details of any medications that you take**

**Medication**

Are you on any medication? If so, please specify

<u>Name</u>	<u>Strength</u>	<u>How many times/day</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Operations**

Have you had any major surgeries?

<u>Name</u>	<u>Where/ Hospital</u>	<u>Date</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Cervical Smear Information**

Date of last smear \_\_\_\_\_ Result \_\_\_\_\_

Where was it performed?

At your previous GP surgery \_\_\_\_\_

Local family planning clinic \_\_\_\_\_

Abroad (if so, which country?) \_\_\_\_\_

**Either**

I confirm that I have had my cervical smear within the last 3 years. The approximate date of my last cervical smear was:

\_\_\_\_\_ Month \_\_\_\_\_ Year and it was normal.

**OR**

I confirm that I **DO NOT** wish to have my cervical smear, but I will inform you if there is any change.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Name in full \_\_\_\_\_

**Children**

Please tell us if you have any children and how many \_\_\_\_\_ Boys Age \_\_\_\_\_  
\_\_\_\_\_ Girls Age \_\_\_\_\_

**Carer Details**

Are you a carer? Yes ☐ No ☐

Do you have a carer? Yes ☐ No ☐

Carer Name \_\_\_\_\_ Telephone \_\_\_\_\_

**NEXT OF KIN****Who to contact in case of emergency**

Name:

Surname:

Contact Number:

Email address:

Relationship to patient:

☐☐☐☐☐

# ALCOHOL UNITS GUIDE



Pint of beer (4%)  
= 2.3 units



Pint of cider (4.5%)  
= 2.6 units



Alcopop (4%/275ml)  
= 1.1 units



Can of beer (5%/330ml)  
= 1.6 units



Spirits e.g. vodka/  
whiskey (40%/35ml)  
= 1.4 units



Bottle of spirits  
(40%/1 litre)  
= 40 units



Standard glass of  
wine (13%/187ml)  
= 2.4 units



Bottle of wine  
(13%/750ml)  
= 9.8 units

## FAST

<u>Questions</u>	<u>Scoring system</u>					<u>Your score</u>
	0	1	2	3	4	
How often have you had 6 or more units of alcohol on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
<b>If your score is 0, 1 or 2 on the first question then continue with the next three questions.            If score is 3 or 4 on the first question – stop here. This indicates FAST positive.</b>						
How often during the last year have you failed to do what was normally expected from you because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Has a relative, friend, doctor or other health worker been concerned about your drinking or suggested that you cut down?	No		Yes, but not in the last year		Yes, during the last year	
<b><u>FAST SCORE</u></b>						

An overall total score of 3 or more (on the first question, or all four questions) is **FAST positive**.

**What to do next?** If FAST is positive complete remaining AUDIT questions.

**Remaining AUDIT questions:**

<b><u>Questions</u></b>	<b><u>Scoring system</u></b>					<b><u>Your score</u></b>
	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	
How often do you have a drink containing alcohol?	Never	Monthly or less	2 – 4 times per month	2 – 3 times per week	4+ times a week	
How many units of alcohol do you drink on a typical day when you are drinking?	1 - 2	3 - 4	5 - 6	7 - 8	10+	
How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Have you or somebody else been injured as a result of your drinking?	No		Yes, but not in the last year		Yes, during the last year	
<b><u>Total (questions from this table)</u></b>						
<b><u>TOTAL AUDIT Score (all 10 questions)</u></b>						

<b><u>Nomination of Pharmacy for EPS</u></b>	
Would you like to nominate a pharmacy for your electronic prescription services (EPS)?	Yes / No
<b>Hiren – Next door pharmacy</b>	Yes / No
<b><i>Other Pharmacy? – Please Specify</i></b>	
<b>Name of pharmacy:</b>	
<b>Address of pharmacy:</b>	